

Tennessee Volleyball Association presents the

FREE MNPS Coaches Clinic



MNPS Coaching Clinic topics:

- How to build & maintain a successful volleyball program
- Teaching fundamentals of volleyball at all levels
- Daily practice planning
- Training individual defense & intensity
- Serve & Serve Receive rotations
- Drills to simulate game situations
- How to get the most out of your players

All drills will be presented on the court by a group of local high school players



June 12th, 2012

6:30pm – 8:30pm

**Nashville Area School
(T.B.D.)**



CLINIC DIRECTORS

Emily Moore

- Hume Fogg Head Volleyball Coach
- Club Coach @ *Ethos VBC*

Troy Helton

- FRA Head Volleyball Coach
- Director of *Ethos VBC* and the *Tennessee Volleyball Association*

Coach Moore & Coach Helton have had tremendous success in the sport of volleyball over the past few years. Their love for the game is evident in the way they prepare and the passion they bring to court during practice & matches. As graduates of public high schools, they each feel called to pass along a love of the game to this new generation & to help coaches across the state of Tennessee.

Sign Up at:

www.tennessee-volleyball.com

(click on the "Coaches" tab then "Coaching Clinics" tab)