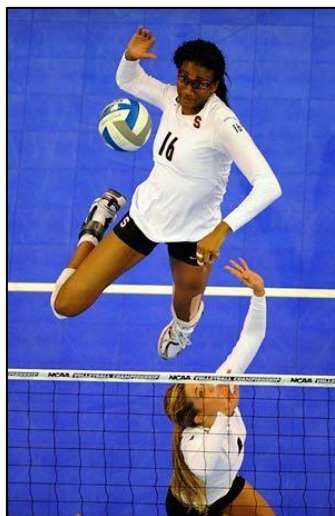


Tennessee Volleyball Association presents

Hitter Specialty Camp

(featuring the Acusprike Team Trainer)



IMPORTANT INFORMATION

DATES

June 11th – June 15th

Ages

Varsity & Club level players only

TIMES

1:00-4:00pm

COST

\$100 per player
*space limited to 12 players

LOCATION

Franklin Road Academy

Questions

troy@tennessee-volleyball.com

Hitter Specialty Camp

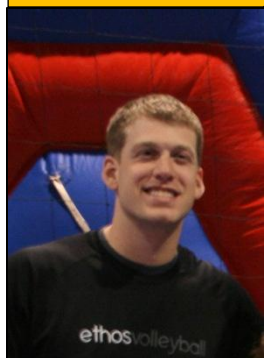
June 11th - 15th, 2012

The Hitter Specialty Camp (“Smashville”) is a week-long camp designed as an intensive training opportunity for HS varsity or club level volleyball players looking to improve their hitting skills. It is recommended that athletes registering for this camp be High School Varsity players or at least have had one year of Varsity level playing experience.

The camp will be high repetition training on hand contact, arm swings, footwork, shot placement, jumping ability & offensive systems. Campers will combine physical work with a classroom understanding of the art of hitting. Items discussed will include: defensive awareness, in-game adjustments, shot selection and more. Campers will become proficient at breaking down game film & exploiting weakness in the opposition.

This camp will feature the Acusprike machine (acusprike.com) to help teach correct hitting form & jumping ability – you will not want to miss it!

CAMP DIRECTOR



- Director of the *Tennessee Volleyball Association*
- Head Volleyball Coach @ Franklin Road Academy
- Director of *Ethos VBC*
- 2x “Coach of the Year”
- Coached boys/girls club & high school vball since 2000

TO REGISTER

- 1) Visit www.tennessee-volleyball.com/player-registration
- 2) Fill out the *player registration & medical release* forms
- 3) Make \$100 payment via Paypal